The Unity Church

"Change Your Outlook - Change Your Life"

DECEMBER: Life **Disciple:** Judas **Colour:** Red

AFFIRMATIONS - LIFE!

"My body is not what GIVES me life; it is my Spirit which gives life to my body."

"I am alive, alert, awake. I am fully alive in the midst of life."

"I let God's healing life take hold in me, and I am cleansed and vitalized."

"I am the radiant life of God - whole, well, perfect, and free."

"I am the ever-renewing, ever-unfolding expression of infinite life."

"God's life is deep within me, ever satisfying my soul!"

"I love life, and life loves me. We get along perfectly together!"

"I enter into life with joyful enthusiasm, taking a keen interest in all, things."

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